



University of Stuttgart
Germany



MentorEENG

2nd meeting

December 4th 2023

What will happen today?

- Introduction
- How to study right: tips and help
- Cultural differences and communication in Germany
- Networking and getting emerged in the culture
- Questions & Get together



Introduction



How to study right

Exam Registration



- Exam's format: Written or Oral
- Examination office → Exam regulation ✓
<https://www.student.uni-stuttgart.de/en/exams/student-service-examination-office/>
- Exam regulation ✓
https://www.uni-stuttgart.de/universitaet/aktuelles/bekanntmachungen/dokumente/bekanntm_1_2019.pdf
- E-mail from **examination office** for exam **registration period** → Check email notification regularly
- **Deadline** for registering exams
- Register via **Campus** ✓
- **Deregister** until exactly **one week** before the the exam
- **Prepere** through the **semester** for the exams ✓



How to study right

Story telling: how do the EENG Mentors study?



How to study right

Tipps from the International Office:

- Time management: Find the right balance between being structured and being flexible (studying, writing and other tasks)
- To find the right way for yourself, you need to try out a few approaches and choose the one that is right for you
- Do not just focus on how to achieve the maximum result, also try and find an approach that you can live with for a long time (balance)
- The balance needs to be something that feels right for you, so you don't always have to force yourself to get some work done (not sustainable)
- How to make your own plan: to-do list for each week; a set schedule with flexibility of the tasks etc.
- Check out uni-stuttgart.evermood.com (website for conflicts, crisis and concerns by the Uni Stuttgart)



How to study right

Workshop: Improve your Study Habits – preparing for your Degree and Exams (offered by the Student Counseling Center)

Do you want to try something new? With a view to improving how you learn? Then this workshop is perfect for you; with a focus on methods for efficient learning with less stress, and the best way to implement your plans. Issues we will be looking at:

- How to keep up concentration and motivation
- How to create a learning routine
- How to make the most of the time and resources you have
- How to remember what you have learnt
- And, finally, how to make sure that you perform well in exams

This workshop is suitable for students in all semesters. If you have any questions about this workshop, please contact [Ina Skalbergs](#).

When: Thursday, 08 January 2024, 10 – 11:30 am

Where: House of Students, Pfaffenwaldring 5c, 5th floor, room 5.009, Campus Vaihingen) and take home assignments

Registration: click [here](#) and log into Ilias

Trainer: Ina Skalbergs, Student Counseling Center

How to study right

1. Goodbye to procrastination (offered by the Student Counselling Center)

Procrastination causes stress and makes us feel guilty. This also means that we do not prepare for exams as good as we could, if we just managed to get things done. We know that, but still it is not easy to put a stop to procrastinating. This workshop is all about taking on the challenge of doing it anyway!

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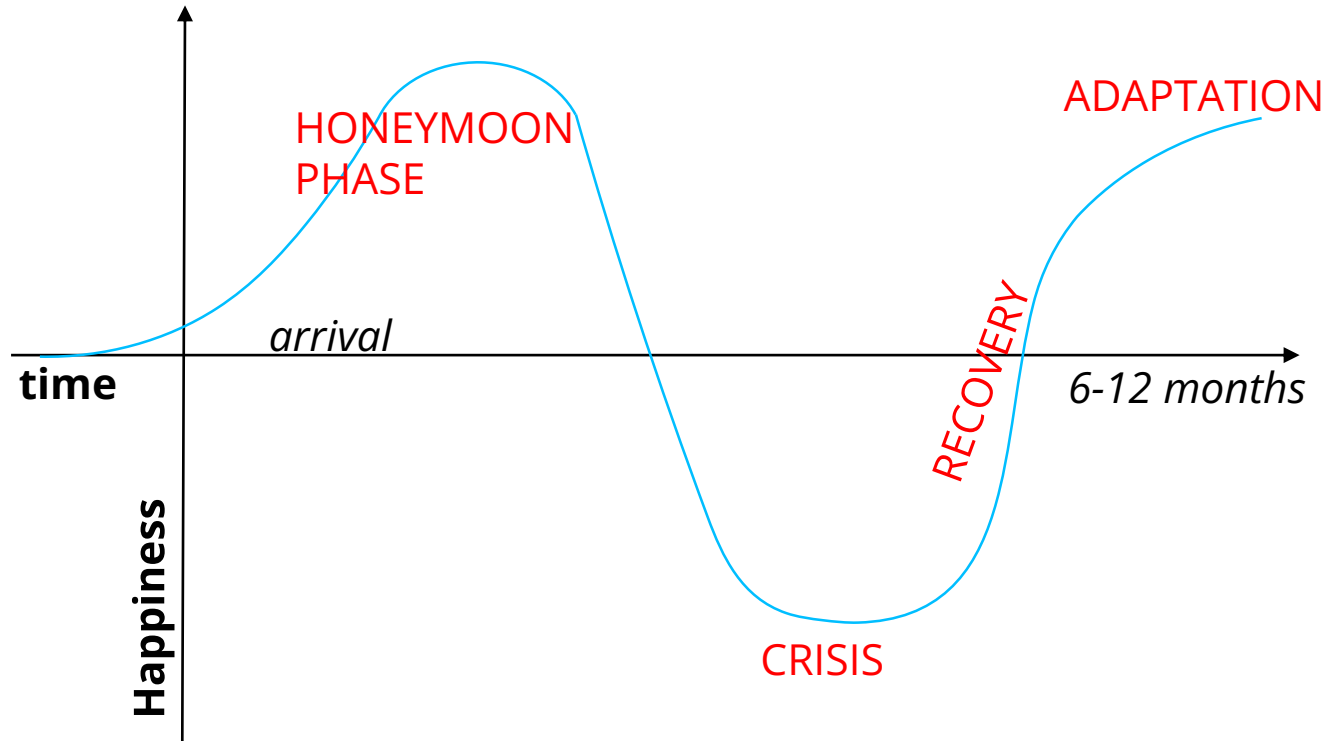
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Cultural differences and communication in Germany




Adaptation to a new culture – in theory



Culture Shock - tipps

What you can do:

- Stay active and live in the here and now.
- Find “comfort zones” but keep exploring.
- Stay in touch with your friends, talk about your experiences and the cultural differences you perceive.
- Show your friends aspects from your home country (e.g. pictures or food).




**It's okay to
not feel
okay.**

Culture Shock - tips

When to seek help:

- If you have tried these tips and notice no difference
- You struggle with leaving the house at all and/or continuing to study
- If you notice a considerable change in your eating, sleeping or drinking/smoking habits

You can contact the **International Office**
(Kerstin.glaser@ia.uni-Stuttgart.de)



It's okay to
not feel
okay.



German Communication

- Always make an appointment for in person meeting
- Communication in German

Start with:

- Sehr geehrte Damen und Herren,
- Sehr geehrter/e Professor/in, (title is important)

End with:

- Mit freundlichen Grüßen





German Communication

- Types of communication: verbal, nonverbal, written and visual
- These types can vary depending on the culture and context.
- Germany is typically a low context culture → most communication will be verbal and direct, with little “reading between the lines”
- Example: If a German is hosting you at home and is asking you if you want to drink or eat, they expect an honest answer: if you say yes they might not ask again.
- BUT! Not all Germans are always direct. They might say things indirectly to avoid conflict.



Networking and getting emerged in the culture



Networking

Please check out the MentorEENG website: [MentorEENG – Neues Mentoringprogramm für EENG-Masterstudierende im Erstsemester | News | 21.11.2023 | Fakultät 5: Informatik, Elektrotechnik und Informationstechnik | Universität Stuttgart \(uni-stuttgart.de\)](#)

We will post the ppt there as well.

Networking

Networking activities & Whatsapp Group:

<https://chat.whatsapp.com/JGmxviq5bgB54s7Fm1WC7D>

Different activities (e.g. **visiting christmas market**) will be offered and more information will be send through the WhatsApp group only!

EENG Mentors and Mentees Uni Stuttgart



**Please do not send private messages to the mentors, they will not be answered. If you have questions either send them to the group or by email.*

Networking

Networking activities:

- [News and Events | Welcome Center Stuttgart](#)
- [Find Events & Groups | Meetup](#)
- [Events | University of Stuttgart \(uni-stuttgart.de\)](#)
- [Free Time Tips - Mentoring – Conceptboard](#)

- What else?
- Tipps for Stuttgart city: check out the city center with many museums; check out the mineral baths; Karlshöhe; etc.



Networking

About city/events:

<https://www.instagram.com/stuttgarttourismus/>

<https://www.instagram.com/reflectstuttgart/>

<https://www.instagram.com/stadtkindstuttgart/>

https://www.instagram.com/hej_taeddi/

Restaurants & Cafes & Bars

[「 Food & Drinks in Stuttgart | 0711 」
Tasty Guide | Reels 📷 \(@alla.tasty\) •
Instagram photos and videos](#)

[Stuttgart Food \(@woessichheute\) •
Instagram photos and videos](#)

[Foodtour Stuttgart | Gastroguide
\(@foodtourstuttgart\) • Instagram photos
and videos](#)

**When you
have
questions**

Where to go when you have questions?

- International Office: incoming@ia.uni-stuttgart.de – questions on legal issues, visa, housing, insurance, etc.
- Welcome Guide / [Welcome Checklist](#): available on the website (International Office)
- Intercultural Mentoringprogram: mentoring@ia.uni-stuttgart.de ; sarah.walz@ia.uni-stuttgart.de

Where to go when you have questions?



At Faculty 5:

- General questions: International Service Point Faculty 5 – Laura Busch & Meta Geisbüsch
Internationalstudents@f05.uni-stuttgart.de | [ISP website](#) | LinkedIn
- Study program related questions: Dr. Markus Gaida – Study Program Manager EENG |
info@ei.uni-stuttgart.de
- Internationalization Office EENG: Virginie Herbasch | erasmus@ei.uni-stuttgart.de
- Electrical Engineering Students Council | <https://www.ei.faveve.uni-stuttgart.de/en/>

What comes next?

Invitation by email:

- Third meeting on January 29th 2024 at 5 pm in the IZ:
How to find an internship/ job/ thesis?

Additional activities published in the WhatsApp group

→ also possible for you to organize something yourself!

Presentation from today will be published on the website.

Questions?

Mentimeter:
Go to menti.com
and type in the
code: 6913 1111